

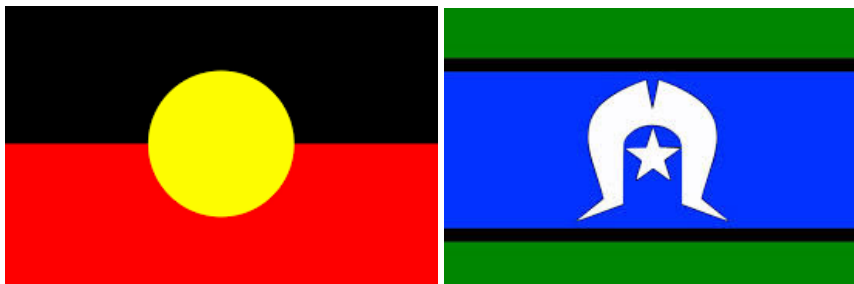
2025 QUARTER 3 REPORT



REACH

ACKNOWLEDGEMENT OF COUNTRY

The Reach Foundation respectfully acknowledges the Traditional Custodians of the lands on which we live, work, and play - the Aboriginal and Torres Strait Islander peoples. We honour their enduring connection to land, skies, and waterways, and pay our deepest respects to Elders past and present. We recognise that these lands have never been ceded, and acknowledge the strength, resilience, and continuing culture of First Nations peoples.



FOREWORD



ALISON WRIGHT CEO

Quarter Three has been a period of strong program delivery and organisational focus.

In August, Ramp Camp was delivered in partnership with Kids First Australia, continuing to support high-risk young people through mentoring, workshops and community connection. We also piloted Grounded in collaboration with Youth Activating Youth, creating an environment for young multicultural men to share openly, identify strengths and set goals. In September, Thousand Faces Camp brought together young people and adults for an intensive leadership experience. Former Reach facilitator Jules Lund contributed to the camp's design, ensuring the program remains relevant, authentic and deeply impactful.

As we approach the end of the year, preparations are underway for Heroes Days in St Kilda and Shepparton. These major events will provide further opportunities to demonstrate the impact of our programs, both in metropolitan and regional communities.

Alongside program delivery, we were proud to host a Partners' Lunch for International Youth Day, recentring the voices of young people in conversations about their future and celebrating the partnerships that make our work possible.

Thank you to all our staff, facilitators, partners and supporters for your continued commitment to empowering young people across Australia.

— Alison Wright
Chief Executive Officer



QUARTER 3 AT A GLANCE

YOUNG PARTICIPANTS

544 PRIMARY SCHOOLS

5181 SENIOR SCHOOLS

655 WORKPLACE WELLBEING

19 THOUSAND FACES

15 RAMP

13 GROUNDED



140 WORKSHOPS IN

BENDIGO

ECHUCA

GEELONG

METRO MELBOURNE

METRO SYDNEY

MYRTLEFORD

REGIONAL NSW

SHEPPARTON

WARNAMBOOL

SCHOOL WORKSHOPS

Relative to the previous quarter, when most school programs were delivered in metropolitan areas, this quarter saw a notable increase in regional engagement, particularly in the Shepparton area. We also extended our footprint to the south coast of Sydney, delivering workshops at Warilla High School, further evidence of the national demand and relevance of Reach's programs.

Across workshops, common themes continued to surface, including concerns around body image, particularly among young men, and anxieties about judgement and social acceptance.

These reflections reinforce the importance of our work, highlighting how Reach programs create safe spaces for young people to explore self-perception, build confidence, and strengthen emotional resilience.

5725 WORKSHOP PARTICIPANTS

PRIMARY SCHOOLS: 544

SENIOR SCHOOLS: 5181

TOTAL WORKSHOPS: 122

PRIMARY SCHOOLS: 18

SENIOR SCHOOLS: 104

STUDENT OUTCOMES:

**92% WOULD RECOMMEND
THE WORKSHOP TO OTHERS**

**89% FELT THE WORKSHOP
WAS A SAFE SPACE**

FOLLOWING THE WORKSHOP...

92% IMPROVED THEIR EMPATHY

**87% ARE MORE CONFIDENT
TO MAKE POSITIVE CHOICES**

85% ARE MORE SELF-AWARE

82% ARE MORE CONFIDENT

81% FELT MORE CONNECTED TO OTHERS

81% FELT MORE ACCEPTED

"The facilitators were amazing with the students and it's exactly what the class needed. Within the first 10 minutes they'd built a relationship with each student. The facilitators have given us lots of ideas to follow up with and things to reinforce with the students over the next term. They were brilliant." – Teacher, Dillbadin Primary School



COMMUNITY PROGRAMS

This quarter, Reach delivered our first Grounded program in partnership with Youth Activating Youth (YAY), an organisation supporting disadvantaged young multicultural people in Victoria. The pilot was designed specifically for young men transitioning from incarceration and ready to make positive changes in their lives. Co-developed with YAY's youth mentors, the program's design and delivery were carefully tailored to the participants' unique experiences and needs.

We also continued the delivery of Ramp, in collaboration with Kids First Australia. Ramp supports young people living in out-of-home care to build confidence, connection, and practical life skills. This quarter's sessions focused on establishing trust among participants, while significant effort was invested in strengthening the partnership and planning for future delivery.

In September, Reach delivered a redesigned Thousand Faces program at a new location with a refreshed facilitation team. The program benefited from extensive preparation and ran exceptionally smoothly, with overwhelmingly positive feedback from participants and facilitators alike. Importantly, the conversations between young and adult participants were profoundly impactful, offering valuable insights into the contemporary challenges facing young people today.

STATISTICS:

**THOUSAND FACES: 19 YOUNG PEOPLE,
17 ADULTS**

GROUNDDED: 13 PARTICIPANTS

RAMP: 15 PARTICIPANTS

"Thousand Faces Camp for me was beautiful. We gained so many knock-on effects. Young people, teachers, and parents have messaged us saying it's changed the trajectory of their lives. There were so many instances of younger people teaching older people. It was clear we were helping young people move through ruts and slumps."

– Reach facilitator

"He has returned from the camp with a renewed sense of purpose, happy to have connected with likeminded individuals who have inspired him to embrace his true self. The camp's activities have empowered him to develop a deeper understanding of his thoughts and emotions, and he now exudes a sense of confidence and self-assurance. This is, without a doubt, the happiest I have seen him in many years, and he eagerly looks forward to the possibility of attending another camp. Thank you all for creating an extraordinary, life-changing experience that has inspired him to reach new heights. Your dedication and passion are truly commendable, and I am forever grateful".

– Parent of young Thousand Faces Camp participant



WORKPLACE WELLBEING

OUR QUARTER 3 CLIENTS

STOCKLAND

FLEETPLANT

PITCHER PARTNERS

RSM

ALTUS

We experienced another strong quarter in Workplace Wellbeing, confirming the growing demand for Reach's services across sectors.

In four cities, workshops were delivered for PwC's graduate cohorts, supporting them to build and consolidate self-management tools at the start of their careers.

The ongoing partnership with Microsoft remains a strong signal that major businesses value long-term collaboration with Reach. In addition, the client base continued to expand through new work with Fleetplant.

The program of offerings also gained momentum. Alison delivered a keynote on Multi-Generational Leadership to the John Holland Group, while the team invested in strengthening core services. This included five bespoke wellbeing sessions for RSM, the development of tailored end-of-year workshops for clients, and continued advancement of online delivery options to meet evolving needs.

WORKPLACE WELLBEING WORKSHOPS: 15

WORKPLACE WELLBEING PARTICIPANTS: 655

THE WORKSHOP RECEIVED AN AVERAGE RATING OF 9 OUT OF 10 FROM 391 PARTICIPANTS

97% FELT THE FACILITATOR(S) CREATED A SAFE SPACE FOR THEM TO SHARE OPENLY

85% FELT MORE CONNECTED WITH THE OTHER PARTICIPANTS

85% FELT MORE AWARE OF THEMSELVES AND HOW TO BRING THEIR BEST SELF TO WORK

Looking ahead, an intimate roundtable lunch will be hosted in collaboration with PwC, bringing together senior leaders from some of Australia's largest employers to explore how best to support graduates and early-career employees.

To close out the year, Reach will partner with the Australian Association of Graduate Employers Conference as charity partner, delivering a keynote presentation on workplace wellbeing trends and impact.

If you know someone who would be interested in a workshop, get in contact with Head of Workplace Wellbeing Programs, Natalie Klenner (natalie.klenner@reach.org.au).

This is the best workshop I have attended. Most often it is reading and listening of which you retain 10%, but the feeling you get from this workshop is something to remember.

- Fleetplant participant



CREW DEVELOPMENT

In Junior Crew training, the focus this quarter has been on consolidating facilitation skills and strengthening team dynamics, particularly through learning how to give and receive constructive feedback. While participation is typically lower at this time of year, interest and motivation remain strong, with many participants eager to progress through the program.

For our facilitators, training has centred on maintaining audience engagement and developing self-regulation techniques while presenting. Work has also continued on formalising Reach's accreditation framework, ensuring consistency and quality across facilitation pathways.

Looking ahead, preparations are underway for our Graduation event in late November, which will celebrate the achievements of our Crew and mark the culmination of a transformative year of learning and leadership.

The Reach Personal Development Training continues to be proudly supported by the Villawood Foundation, the Highland Foundation and AIS International.



MEDIA COVERAGE

1

“Burnout didn’t just sneak up on me it was a slow burn and one I ignored or tried to reduce with quick fixes.”



Balance
the grind

2

Definition of success is shifting

Alison Wright



In Australia, home ownership has long been considered the pinnacle of success.

But for young people today, that dream feels more like a burden than a beacon. The pressure to “get a foot on the property ladder” has become a national obsession and it’s crushing an entire generation.

The recent decision by the Reserve Bank to keep interest rates on hold will give many

young people even more pause for thought before dipping into the property market.

At Reach, we work with young people every day. What we hear isn’t entitlement. It’s exhaustion.

The cost of rent, food, transport and basic life is overwhelming. Home ownership? That’s not even on the horizon – it’s a fantasy.

Young adults are working multiple jobs just to keep their heads above water. They’re not out brunching and buying smashed avocado. They’re budgeting to the cent, delaying medical appointments, skipping meals and saying no to anything that might bring them joy. And yet we still tell them the gold standard of being a “grown-up” is to buy a house.

It’s a rigged game. Wages haven’t kept pace with housing prices for decades.

Many young people will spend their 20s and 30s paying off debt, not a mortgage, but HECS, car loans and credit cards.

And they’re doing it in a rental market that’s more unstable and

expensive than ever before.

We need to ask: why is home ownership still sold as the only acceptable path to security and success?

Why do we make young people feel like failures if they’re not ticking off the milestones their parents did, in a completely different economy?

It’s time to rewrite the story.

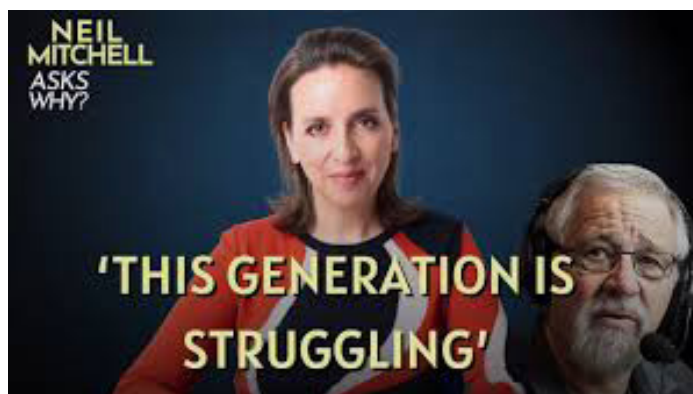
Success shouldn’t be about the size of your deposit or the postcode you buy into. It should be about how you treat others, what you contribute, how you give back to this world and the strength of connection to the community you call yours, feeling valued and feeling good in yourself.

Our role as adults, employers, parents and policymakers is not to project our nostalgia onto the next generation, but to make space for them to define success in their own terms and to thrive within it.

Young people aren’t asking for shortcuts. They’re asking for a fair go.

Let’s give it to them.

3



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1. Balance on the Grind - Alison Wright on Burnout, Boundaries, and Showing Up for Young People in a Real Way, July 22

2. Herald Sun (print)- Definition of success is shifting, July 14

3. Neil Mitchell Podcast – Why no kid is beyond help, July 29

4. Dyl and Friends – Fergus Watts: What got you here won’t get you there, July 13

PARTNERS UPDATE

It has been an eventful quarter in the partnerships space. Through our long-standing partner McLardy McShane, we were delighted to receive \$50,000 from their fundraising efforts at their Annual Conference.

We are also extremely appreciative of DM Property's support for schools in the Shepparton region, which has extended to a new partnership with Winslow to deliver a Heroes Day in the area later this year.

We were the recipients of a donation from the Estate of Marion Edna Taylor of which we are sincerely appreciative for, and which will play a pivotal role in supporting our internal operations.

At the end of the quarter, we were honoured to be the main charity partner at the Victorian Chamber and Pitcher Partners Grand Final Lunch, which gave us an opportunity to share Reach's work in front of 500 Victorian Business leaders at the MCG.

Our long-term supporters, the Joe White Bequest, also awarded additional funding to deliver Grounded workshops in the Southeast region of Victoria.

Looking ahead, we are proud to be included in the upcoming Mick Fanning Charity Golf Day in Melbourne, building on last year's incredible success.



PARTNERS

Reach extends its heartfelt gratitude to all our partners for their continued support. We are also thankful to those donors who choose to remain anonymous. It is through your collective belief in our mission that we are able to continue empowering young people across Australia.

MAJOR PARTNERS



PARTNERS



COMMUNITY PARTNERS



REACH TEAM UPDATE

WELCOME

DAVID COWEN



We're pleased to share that David Cowen is joining the Reach Foundation Board.

David brings extensive leadership experience from founding and growing his own finance business through to co-founding Mosaic Private, where he is Chief Executive Officer. He has already contributed to Reach by helping coordinate networking and fundraising events, and he is deeply passionate about youth development and ensuring young people have the opportunities and support they need to thrive.

ROBYN INGERSON



Robyn joins Reach as General Manager with almost 40 years' experience across the fashion, government, corporate and not-for-profit sectors. She has held senior leadership roles at Country Road, Sportsgirl, Saba, Santos and the South Australian Tourism Commission, specialising in brand strategy, stakeholder engagement and large-scale event and program delivery. Her government experience includes directing strategic programs within the Department of the Premier & Cabinet, leading major cultural and tourism initiatives. Robyn also has a longstanding connection with Reach, having known Jim and attended one of the very first camps.

THANK YOU

Your support empowers young people and enables us to create lasting impact. We look forward to continuing this journey of growth, transformation, and connection in the next quarter.

You can scan the QR code on the right to donate and support our mission.



For more information, please contact:

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