

CASUAL WELLBEING PROFESSIONAL

POSITION DESCRIPTION

POSITION TITLE: Reach Wellbeing Professional

QUALIFICATION: Psychologist/Social Worker/Counsellor

DIRECT REPORTS: Wellbeing Manager, Partnership Programs

TYPE: Sub contractor

SALARY:

LOCATION & TIMES:

The position entails work at various locations where Reach workshops are held and the various camp locations throughout metropolitan and regional Victoria.

The position entails a variety of evening work (5pm - 9pm), weekend work & some weekdays and nights. These include day programs, holiday programs and overnight camps.

Seeking casual support for the following dates. These are not the only dates for possible work. More opportunities will become available throughout the year.

*You do not need to be available for all of these dates to apply.

18th February - Community program, Collingwood
22nd Feb – Schools program, Ballarat
23rd Feb – Schools program, Ballarat
2nd March – Community program, Frankston
29th March – Schools program, Macedon
19th – 21st April – Camp, Regional Vic.
31st May – Schools program, Collingwood
1st June – Schools program Collingwood
25th May – Community program, Collingwood
15th June – Community program, Collingwood
4th – 6th July – Camp, Regional Vic
2nd August – Schools program, Collingwood
3rd August – Schools program Collingwood
10th August – Community Program, Collingwood
31st August – Community Program, Collingwood
8th – 10th Sept – Camp for young people and adults, Regional Vic

THE REACH FOUNDATION

Being young is not without its struggles. Today's world is pretty complex and young people can experience a bunch of challenges that adults might not be able to relate to. One of the biggest hurdles is just having the confidence and support to be who they want to be.

The Reach Foundation (Reach) is an independent, for-purpose organisation that has been improving the wellbeing of young people across Australia for more than 25 years. Reach believes in a promotion, prevention and early intervention approach to building social and emotional skills in young people to develop their resilience and capacity to thrive.

There are currently over 4 million young people living in Australia, and Reach works with thousands of them a year. We have the best of the best working for us; designing and delivering workshops in schools and the community. Our workshops are 100% youth-led by our young Crew, from design through to delivery. The community we create out of these workshops is one that allows for deeper connection, a sense of belonging, and the dispelling of judgements. A preventative, instead of having to focus on symptoms in adult life.

OUR MISSION

Supporting young people to discover their power.

THE ROLE

As a Reach Casual Wellbeing Professional, you will use your professional knowledge and expertise to monitor and ensure the safety and wellbeing of the young people, facilitators and crew (young leaders) participating in Reach workshops, providing assessment, appropriate referrals and assistance in accessing resources where necessary.

Any offer of employment at the Reach Foundation will be subject to a satisfactory Working with Children Check and police records check.

POSITION ACCOUNTABILITIES

KEY RESPONSIBILITIES

- Attendance at workshops (day and evening hours) and weekends away (camps).
- Provide professional support to young people enrolled in and participating in Reach workshops identified to be at risk or in need of support. This may include:
 - pre-program participation assessment of current/past mental health issues through the provision of intake risk assessments;
 - liaison with families, schools and other involved professionals to ensure appropriate support;
 - brief/immediate counselling during workshops, information, practical assistance and/or referral in response to identified risk or concerns expressed.
- Create and maintain current knowledge of youth mental health and support services, particularly in locations in which Reach workshops currently operate.

- Provide information, advice, and support to Reach Crew and Facilitators delivering workshops and weekends away.
- Provide guidance and knowledge in relation to theoretical perspectives, such as CBT, ACT, group work theory and Positive Psychology.
- Undertake a range of administrative tasks in support of the above responsibilities as required, including maintaining client records and reports.

ACCOUNTABILITY AND ORGANISATIONAL COMMITMENT:

- Develop and maintain good rapport with internal and external members of the Reach community.
- Maintain an understanding of and commitment to Reach's philosophies, programs and messages at all times. Be able and willing to advocate for Reach, as and when opportunities arise.
- Actively comply with Reach's Young Persons Wellbeing Policy and OH&S policies and procedures, which include staff members accepting responsibility for taking reasonable care of their own health and safety and the health and safety of others.

KEY SELECTION CRITERIA

QUALIFICATIONS

Required: Relevant qualifications and registration as a Mental Health professional eg, Bachelor of Social Work, full registration as a Psychologist, post graduate degree in Counselling

Essential: Demonstrated experience in risk assessment (such as suicide risk assessment) and reporting on child protection risk within mandatory reporting requirements and ability to respond in a crisis and to manage complex situations

Essential: Experience working alongside young people, including having an understanding of youth development current issues that affect young people

Highly desirable: 2-3 years' experience in working with young people in a therapy, case management or similar role

Highly Desirable: Current membership of APS, PACFA or AASW

COMPETENCIES REQUIRED

SKILLS:

- Highly developed risk assessment, counselling and referral skills
- Highly developed interpersonal skills, including the capacity to engage and work collaboratively with young people
- Strong ability to work independently and make decisions without supervision or guidance
- Excellent administrative skills ensuring accuracy and high levels of attention to detail
- Strong organisational and time management skills, initiative and the ability to successfully manage competing interests to achieve outcomes
- Computer literacy (Microsoft Teams, Outlook, Excel, Word, PowerPoint, Databases)

KNOWLEDGE:

- Theoretical perspectives informing The Reach Foundation's philosophy and programs. Please refer to <http://www.reach.org.au/>

EXPERIENCE:

- Demonstrated experience in risk assessment (including suicide risk assessment)
- Demonstrated experience in assessing and reporting on child protection risk within mandatory reporting requirements
- Demonstrated ability to respond in a crisis and to manage complex situations
- Experience in working with young people in a counselling, case management or similar role
- Experience in program design and supervision an advantage

PERSONAL CHARACTERISTICS:

- Initiative, enthusiasm, flexibility and integrity in responding to the demands of a position in a dynamic organisation
- Capacity to establish the trust and respect of Reach stakeholders, including young people, Facilitators, Crew, staff, and external professionals and sponsors
- Capacity to develop a strong commitment and enthusiasm for the work and values of Reach

ADDITIONAL INFORMATION & REQUIREMENTS

- This position requires attendance at programs in various locations throughout metropolitan Melbourne (own transport) as well as weekends away in regional areas (transport provided)
- Any offer of contract work at the Reach Foundation will be subject to a satisfactory police records check and Working with Children check
- Payment will be by invoice and as such it is required that the Casual Wellbeing Professional has an ABN
- Professional Indemnity Insurance to be organised and held by each individual in the Reach Casual Wellbeing Professional role