

The aim of the camp is to explore masculinity through a range of different Reach experiences.



Coming out of the weekend, I learnt that being masculine is not about being strong and emotionless. It is just about being yourself, expressing who you are, being confident in yourself and caring for the people around you. Also, that it's fine to ask for help and it is fine to be upset.

- Greer, 15 years



WELLBEING SUPPORT FRAMEWORK

A framework of professional Wellbeing support underpins the design and delivery of all workshops to ensure emotional safety of all participants.

Young people are supported by trained crew and wellbeing professionals in all Reach workshops. Due to the nature of workshops, all enrollments of young people are reviewed. This may include a direct call to the young person's parent/guardian. Reach Wellbeing staff assist young people and parents/carers to determine appropriate follow-up and referral support post-camp if necessary.

Horizon camp provides an in-depth experience for participants to challenge their self-perceptions, limitations and make supportive connections with peers and positive role models. Young people will come away with a better sense of self and a greater understanding of their place in the world.

WORKSHOP OUTCOMES

- Confidence discussing emotions
- Capacity to explore and challenge male stereotypes
- Ability to authentically connect and honestly express themselves with other males
- Develop a more positive outlook about their future as a male
- Appreciate the value of varied role models and understand the importance of positive role models

WHO

Any young person aged 13-17 who identifies as male

WHEN

19-21 April

* Drop off on Wednesday at 2pm.
Pick up on Friday at 4:30pm.

WHERE

Kinglake Ranges Wilderness Camp
* Drop off and pick up at Reach HQ
152-156 Wellington St, Collingwood
VIC 3066

BOOK
NOW



ALI VALADEZ | Partnerships Program Lead
ali.valadez@reach.org.au | 03 9412 0910