

REACH FACTS

- **REACH VISION** - That every young person has the support and self-belief they need to fulfil their potential and dare to dream.
- **REACH MISSION** -To encourage all young people, no matter what their circumstances, to believe they can achieve.
- Reach was **established in 1994** by **Jim Stynes** OAM (AFL Brownlow Medallist, youth motivator, and Victorian of the Year 2003) and **Paul Currie** (drama coach and film director).
- **Since inception, Reach has run preventative programs impacting over 500,000 young people.**
- Reach delivers 14 programs nationally. Programs include **workshops, weekends away and large scale events** and are run **in and outside of the school system.**
- Reach programs support young people to **increase self-belief** and discover who they are.
- Reach programs **promote the mental health and wellbeing of young people**, by supporting them to develop skills including **resilience and emotional awareness**. It has been shown that developing these skills in adolescence can reduce serious problems faced later in life, including depression, substance abuse, homelessness and suicide.
- **Independent research** shows that Reach helps teenagers to improve overall levels of self-esteem, optimism, and feelings of control over themselves and their lives.¹
- Reach works with over 500 primary and secondary schools across Australia.
- **Each year 58,000 young people participate in Reach programs.**
- Reach has a workforce of 195 people, made up of 133 Crew (an empowered team of young leaders), 34 staff, 16 sessional social workers and psychologists and 12 long-term volunteer supporters.
- Reach's headquarters are located in Melbourne. In 2010 Reach established its first interstate office in Sydney.
- Reach's annual operating budget is \$4 million.

¹Pallant, J. (2005) The Well-Being in Young People Study, *Unpublished Research Study*, Swinburne University, VIC, Australia