

What's on in Term 3?

Reach programs aim to inspire and empower young people to achieve greatness

Each year we run workshops & weekends away for around **58,000 young people** in over **400 locations** across Australia.

PROGRAMS THROUGH SCHOOLS

Year 9 Students	Geelong Heroes Days (Vic)	15 & 16 July
Year 9 Students	Caroline Springs Heroes Days (Melbourne)	8 & 9 September
Year 9 Students	Leadership Days (Launceston & Hobart)	7 & 8 July
Year 9 Students	Leadership Days (Melbourne)	21 & 22 July
Year 9 Students	Leadership Days (Sydney)	14 September
Year 9 Students	Grounded Workshop Series 3 (Melbourne)	29 July & 12 August
Year 9 Students	Grounded Workshop Series 4 (Melbourne)	5 September & 20 October
Grade 6 Students	Rookys Days (Melbourne)	1,2 & 3 September
Grade 5 & 6 Students	Rookys School Workshops (National)	By Request
Year 7 – 12 Students	Secondary School Workshops (National)	By Request

PROGRAMS OUTSIDE SCHOOL

Teenagers Aged 13 – 18	Fused Workshops (Various suburbs, Melbourne & Sydney)	27 July – 26 August
Teenagers Aged 13 – 18	Heroes Weekend Away (NSW)	23-25 July
Teenagers Aged 13 – 18	Heroes Weekend Away (Vic)	17-19 September
Teenagers Aged 13 – 18	IGA Leadership Weekend (Vic)	1-3 October

PROGRAMS FOR ADULTS

Educators & Youth Professionals	Finding Heroes Workshop (Launceston)	6 July
Educators & Youth Professionals	Finding Heroes Workshop (Melbourne)	17 August
Educators & Youth Professionals	Finding Heroes Workshop (Sydney)	15 September

ABOUT REACH PROGRAMS

Through a preventative process of positive intervention and powerful connection, Reach programs intend to improve the lives of young people, and support teachers and students to create environments in which young people flourish.

Reach programs work in a variety of ways and on a number of levels to achieve these impacts. Unlike many other services for youth, Reach programs are unique. Our highly trained and skilled Facilitators and Crew deliver all our programs and know how to connect with young people. We believe in the power of young people inspiring and empowering teenagers on their journey towards self-discovery.



PROGRAMS THROUGH SCHOOL

HEROES DAYS - Year 9 students

Heroes Days are large scale, high-energy workshops for up to 500 year 9 students, from schools across Victoria. Using elements of contemporary culture, including music, film, theatrics, and performance, students are engaged to explore their lives and speak their truth. In this unique interactive and experiential learning environment, young people are provided with a genuine chance to be heard and express themselves in front of their peers. Participants then become the inspiration for others, as they learn more about themselves, discover the strength to live their dreams and potential for greatness.

Cost: Varies depending on participant numbers

Heroes Days – Geelong VIC	15 & 16 July
Heroes Days – Caroline Springs VIC	8 & 9 Sept

ROOKYS SCHOOL WORKSHOPS - Grade 5 & 6 students

Reach's early intervention Rookys program builds resilience and self-esteem in primary students. Consisting of a series of school workshops (Rookys Workshops) and large scale day-long events (Rookys Days), the program provides safe, fun and stimulating interactive experiences, inspiring improved self-awareness and positive emotions in young students, and greater social inclusion within peer groups.

Rookys consists of a series of four 90-minute workshops delivered in schools, over one to two years, to grade 5 and 6 students.

Cost: \$110 per school workshop

Rookys School Workshops across Australia By Request

ROOKYS DAYS-Grade 6 Students

Rookys Days are large scale workshops for grade six students held in locations around Melbourne. The day-long workshop explores the transition from primary to secondary school by encouraging participants to express and overcome fears, build self confidence and develop personal leadership skills.

Cost: No Cost

Rookys Days-Melbourne 1, 2 & 3 September

SECONDARY SCHOOL WORKSHOPS - Year 7 to 12 students

Impacting tens of thousands of students annually, Reach Secondary School Workshops aim to improve the self esteem and confidence of students, and to positively shift the peer dynamic within the school environment. A variety of workshops are offered which explore themes including coping, leadership, motivation, goal setting and gender. Workshops are designed to help students and teachers address common issues and realise outcomes including improved resilience, confidence, direction, and peer relationships.

*Cost: \$440 single workshop; \$800 double workshops
\$880 double concurrent workshops*

Secondary School Workshops across Australia By Request

GROUNDLED - Year 9 students or equivalent

Grounded is a two part workshop series for Year 9 students who might be disengaged at school, involved in conflict or bullying, suffering from poor self concept, and/or considered "difficult" or "at risk". Through an exploration of the connection between their beliefs, behaviour and consequences participants are supported in challenging limiting beliefs with a view to developing improved self-esteem and positive, new perspectives. Authentic expression and positive emotions are affirmed in the safe and supportive group environment, creating greater self belief and new perspectives for participants.

Cost: No Cost

Grounded Series 3	29 July & 12 August
Grounded Series 4	5 Sept & 20 October

LEADERSHIP DAYS - Year 9 & 10 Students

Leadership Days are workshops to inspire the next generation of young leaders in communities around Australia. We seek out creative and passionate teenagers who are eager to lead and help others in an inspirational environment. Participants are guided through an interactive day of experiential learning, drawing from the powerful media of film and music, and an exploration of real life heroes and inspirational leaders.

Cost: No Cost

Leadership Days – Launceston & Hobart	7 & 8 July
Leadership Days - Melbourne	21 & 22 July
Leadership Days- Sydney	14 September

PROGRAMS OUTSIDE SCHOOL

FUSED WORKSHOPS - Anyone aged 13 – 18

Fused is a series of five weekly workshops that provide ongoing opportunities for young people to form meaningful connections, have real conversations and be apart of positive and supportive peer groups. By providing a safe and stimulating space for young people to explore their lives, Fused supports and empowers teenagers on their journey of self discovery.

Fused workshops represent a powerful and purposeful experience that can often result in positive and lasting changes in the lives of young participants.

This term Fused will be run in Victoria in Collingwood, Burwood, Casey (Narre Warren), Caroline Springs and Frankston, and also in NSW in Sydney. The workshops run one night a week, for 5 weeks from 6 – 8pm.

Cost: \$5 per person per week (for 5 weeks)

TERM 2

Casey	Tues evenings	27 July – 24 Aug
Caroline Springs	Tues evenings	27 July – 24 Aug
Collingwood	Wed evenings	28 July – 25 Aug
Frankston	Thurs evenings	29 July – 26 Aug
Burwood	Thurs evenings	29 July – 26 Aug
Sydney NSW	Mon evenings	2 Aug – 30 Aug



“It’s good to see how many people own up to their actions and realise what they are doing to others”

Rhiannon, Year 10 Student
Berwick Secondary College



REACH WEEKENDS AWAY - Anyone aged 13 – 18

As an extension of the Fused Workshop experience or a new opportunity to get involved, Reach Weekends Away are an unique and exciting chance for young people to step out of their ‘ordinary world’ and experience life differently.

Held in scenic and inspiring locations, Reach Weekends are designed to support the self-exploration and discovery process. Most importantly, the real impact of the program is experienced when young participants use the valuable insights and skills gained over the weekend, to better understand and cope with the challenges and successes of their daily lives.

Cost: \$130 per person

Heroes Weekends Away, NSW	23-25 July
Heroes Weekends Away, VIC	17-19 September

IGA LEADERSHIP WEEKEND AWAY

REACH and **IGA SUPERMARKETS** come together again this year to bring you a weekend away like no other! 30 young people will have the opportunity to explore, create, challenge and express in an environment that allows them to step out of their ‘ordinary world’ and push themselves to discover their potential.

Cost: No Cost

APPLICATION PROCESS APPLIES

Contact: Joh Giles for details 9412 0910 or email Johanna.giles@reach.org.au

IGA Leadership Weekend VIC	1-3 October
----------------------------	-------------

PROGRAM FOR ADULTS

FINDING HEROES WORKSHOP

Professional Development for Educators & Youth Professionals

Finding Heroes is a unique opportunity for educators and youth professionals to learn the skills that are vital to working with young people but so often not covered in formal training –*connection, engagement, inspiration and emotional intelligence.*

The program provides an opportunity for you to experience Reach the way many young people have (via experiential learning) and importantly, reconnect with what inspired you to work with young people in the first place.

Cost: \$165 per person

Finding Heroes Workshop – Launceston	6 July
Finding Heroes Workshop – Melbourne	17 August
Finding Heroes Workshop – Sydney	15 September



“Great day! I can see how vital these skills are in assisting all children to deal with everyday life, and especially the pressures of society.”

Liz Howard
Assistant Principal, Ashfield Primary School

REACH PROGRAM MANAGERS

Our Program Managers are available to discuss your individual needs and/or secure a place for you or your students in a Reach program

Trisha Silvers	Trisha.silvers@reach.org.au	03 9412 0905	Head of Program Delivery
Emma White	Emma.white@reach.org.au	03 9412 0904	Rookys School Workshops Finding Heroes Workshops Leadership Days
Jodie Fullerton	Jodie.fullerton@reach.org.au	03 9412 0938	Secondary School Workshops Heroes Days
Liana Harding	Liana.harding@reach.org.au	03 9412 0973	Grounded Workshops Fused Workshops
Joh Giles	Johanna.giles@reach.org.au	03 9412 0910	Weekends Away

Reach creates a safe environment for all children and young people. A copy of our Young Person Protection Policy is available upon request and/or accessible at www.reach.org.au